



County of San Diego

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TO: Behavioral Health Advisory Board (BHAB)

FROM: Alfredo Aguirre, LCSW, Director
Behavioral Health Services (BHS)

BEHAVIORAL HEALTH SERVICES DIRECTOR'S REPORT – NOVEMBER 2018

1. ACTION ITEM: BEHAVIORAL HEALTH SERVICES AUTHORIZATION FOR COMPETITIVE SOLICITATIONS, AMENDMENT OF CONTRACTS, AND A SINGLE SOURCE PROCUREMENT

In a series of actions since 1999, the Board of Supervisors has approved initiatives to redesign and implement an expanded continuum of comprehensive behavioral health care for children, adolescents, transition age youth, adults, older adults and families. In pursuit of these initiatives, the Board approved the procurement of contracted services.

These recommended actions would authorize competitive solicitations for behavioral health programs and services, amend existing contracts, and authorize a single source procurement, to continue implementing and enhancing the delivery of behavioral health services in the San Diego region. These actions for services are as follows:

Competitive Solicitations for:

- a. Behavioral Health and Primary Care Integration Services
- b. Behavioral Health Patient Rights Education and Advocacy Services
- c. Faith Based Academy, Community Education, and Wellness/Health In-Reach Ministry
- d. Outreach Services for Homeless Women with Substance Use Disorders (SUD)
- e. Peer-Assisted Transitions
- f. Shelter Beds for Homeless/Runaway Children and Youth
- g. Suicide Prevention, SUD Prevention, and Stigma Reduction Media Campaign (It's Up to Us)
- h. Supported Employment Services for Persons with Severe Mental Illnesses (Ramp Up 2 Work)

Contract Amendments for:

- a. 24-hour Medical, Nursing and Rehabilitative Services (531020 GHC of Lakeside, LLC dba Lakeside Special Care Center)
- b. Medi-Cal Managed Care Psychiatric Inpatient Hospital Services: (i. through vi.)



- i. 553276 Aurora Behavioral Health Care
- ii. 551798 BH-SD OPCO, LLC dba Alvarado Parkway Institute, Inc.
- iii. 535468 Mercy Hospital of Scripps Health
- iv. 543125 Palomar Health Hospital
- v. 518710 Prime Healthcare Paradise Valley, LLC
- vi. 535466 Regents of the University of California, University of California San Diego (UCSD) Hospital

A Single Source Contract with:

GHC of Lakeside, LLC dba Lakeside Special Care Center, for Skilled Nursing Facility with Special Treatment Program services for clients with serious mental illness.

It is, THEREFORE, staff's recommendation that your Board support the recommendations for procurement authorization of the above listed services.

ACTION ITEM: MENTAL HEALTH SERVICES ACT: STATEWIDE EARLY PSYCHOSIS LEARNING HEALTH CARE NETWORK INNOVATION PROJECT (INN 24)

The Statewide Early Psychosis Learning Health Care Network Innovation Project aims to assess the effectiveness of California's 23 separate early psychosis programs. The University of California, Davis (UCD) is organizing the proposed multi-County collaborative. By coordinating and sharing outcome results, the proposal seeks to improve interventions for individuals experiencing early psychosis symptoms by identifying best practices. San Diego County has one early psychosis program, known as Kickstart. By approving INN 24, the Board of Supervisors would authorize the County of San Diego's partnership in the UCD-led collaborative and authorize additional funding for Kickstart to participate in the collaborative. The proposal requires UCD to obtain approval from the Mental Health Services Oversight and Accountability Commission (MHSOAC) prior to implementation on January 1, 2019. All Innovation projects are limited to five years. If approved, this request will result in costs and revenue of \$159,233 in Fiscal Year 2018-19 and \$256,154 in Fiscal Year 2019-20. The total cost is \$1,127,215 during the five-year project.

Behavioral Health Services is seeking Board of Supervisors' approval to: 1) Authorize the County of San Diego's participation in The University of California, Davis Statewide Early Psychosis Learning Health Care Network Innovation Project (INN 24) to be funded through the MHSA Innovation component. 2) Authorize the negotiation of a contract with UC Davis, contingent upon approval by the Mental Health Services Oversight and Accountability Commission. 3) Authorize additional funding for Pathways Community Services, LLC (the parent agency of Kickstart).

It is, THEREFORE, staff's recommendation that your Board support the recommendation to the Board of Supervisors to approve the County of San Diego's participation in the Mental Health Services Act Statewide Early Psychosis Learning Health Care Network Innovation Project (INN 24).

ACTION ITEM: AUTHORITY TO SINGLE SOURCE DRUG MEDI-CAL PROGRAM TO INCREASE NETWORK CAPACITY

On March 27th 2018 the Board of Supervisors approved and authorized the Clerk of the Board to execute the Drug Medi-Cal Organized Delivery System (DMC-ODS) Intergovernmental Agreement with the State of California. Additionally the Board authorized subsequent contract procurements and amendments to support the expanded Substance Use Disorder (SUD) provider network capacity, local oversight and system-wide care coordination. The County of San Diego has implemented the DMC-ODS in order to improve care for those who are struggling with SUDs and to enhance the system of care available to San Diego County residents.

Substance abuse is a major public health and safety problem which adversely impacts communities. Commonly described as "addiction," SUDs are one of many chronic conditions that can inflict systemic damage on an individual and have a harmful impact on families. In alignment with the County's *Live Well San Diego* vision, the Health and Human Services Agency is actively engaged in prevention efforts to prevent or reduce substance use related consequences for both at-risk populations and the general population. Prevention strategies include creating environments and communities that promote healthy behaviors without encouraging alcohol or other drug use, and educational efforts about the harmful effects of substance abuse. For those who may have begun experimenting with alcohol or drugs, or who have begun to use more regularly, early identification and intervention efforts are critical to prevent continued use and the resulting consequences.

One of the necessary components to continue implementing the enhanced DMC-ODS is ensuring network capacity to adequately support the community members who need services. The County has projected an increase in capacity by 30 percent in the Organized Delivery System(ODS) which includes an increase in residential beds, outpatient treatment slots and withdrawal management services.

These recommendations request the Board of Supervisors approve and authorize single source contracts with Interfaith Community Service's Recovery and Wellness Center in order to expand capacity in the services of Outpatient, Residential and Withdrawal Management to address SUDs within the community.

It is, THEREFORE, staff's recommendation that your Board support the recommendation to the Board of Supervisors to authorize the single source contracts needed to expand the network capacity of DMC-ODS.

2. LIVE WELL SAN DIEGO UPDATES / SPECIAL EVENTS

2.1 Upcoming Events

- **November 11, 2018 Walk in Remembrance with Hope**
The 12th annual Walk in Remembrance with Hope (formerly Save-A-Life Walk) will be held at 6th Avenue and Laurel St. in Balboa Park on Sunday, November 11, 2018. All funds raised benefit San Diego County suicide prevention and survivor support services. There will be music, resource tables, activities focused on remembering loved ones, and a symbolic dove release. All ages are welcome at this event and pets are welcome too. To register for the walk or get more information, visit: www.walkingin hopesd.rallybound.org/Static/Event-Info
- **December 6, 2018 Integration Summit**
On December 6, 2018 BHS will host the 9th annual Primary Care & Behavioral Health Integration Summit at the Jacobs Center for Neighborhood Innovation. The Summit includes keynote speakers R.J. Gillespie, who will talk about trauma informed care and Jean Steel who's talk is entitled "Learning to Run Wild: Finding Happy." Breakout sessions will also be conducted on various topics.

Funding for the event is provided by the Mental Health Services Act (MHSA) and the County of San Diego through a contracted provider, as well as Health Center Partners of Southern California. For more information about the event, please visit: www.SanDiegoIntegration.org

3. UPDATE FROM EDMOOR DISTINCT PART SKILLED NURSING FACILITY

3.1 Baldrige Quality Award

Edgemoor earned a site visit from the examiners of the prestigious Baldrige Award for Professional Excellence. It was one of only 12 organizations selected in the nation for a site visit. The visit took place September 24-26th with a team of examiners reviewing the application and validating the information contained therein. This was a highly competitive and rigorous evaluation process. Over a 30-year period this prestigious award has only been awarded 118 times, which is an average of less than four companies per year. The Baldrige Award recognizes superior performance in the areas of leadership, strategic planning, and consumer and staff satisfaction. Results of the evaluation will be announced in November by the United States Secretary of Commerce.

3.2 Semi-Annual Car Show

Edgemoor will hold its 15th Semi-Annual Car Show on Friday, October 26, 2018. The event was established by a volunteer and has grown to attract more than 70 cars. It is put on by staff and volunteers with the help of a donor who underwrites the event. The show is a tradition which is held for the benefit of residents and staff, who are able to enjoy music outdoors on the plaza and pose for pictures with both contemporary and vintage cars. All makes and models of cars as well as trucks and motorcycles are welcomed to be in the show.

4. UPDATE FROM THE SAN DIEGO COUNTY PSYCHIATRIC HOSPITAL (SDCPH)

SDCPH is proudly increasing quality, safety and professionalism in their Nursing Department. As a safety net hospital for the County of San Diego's acute mental health population, the role of the psychiatric nurses' is challenging but can create excitement for new nurses with largely medical experience. Nursing leaders recognized a need to create pathways to ease their anxiety. It was decided that by working with experienced individual 'preceptors' they could get exposure to the world of psychiatric nursing and enjoy the fulfillment of helping to heal patients in mind and body.

As the increase in demand rose for nurses to care for an increased census and acuity of patients at SDCPH, approval was given to hire new nurses (25+). With this large number of new nurses needing to be oriented and on-boarded, the nursing orientation and preceptor process was changed to educate them in the specialty of psychiatric nursing in an acute setting.

SDCPH Nursing leadership has developed a 3-week model of orientation to transition new nurses to their role of psychiatric nurse and to prepare preceptors to a new model of team preceptorship. The first week focuses on didactic orientation and training by incorporating the American Psychiatric Nursing Associations Transitions in Practice Program and coordinating with hospital case studies to go through the nursing process with the use of Cerner (our electronic medical record) and Pyxis (medications tool).

The second week will focus on demonstrating competency in skills required in the areas of medication administration, infection control, waive testing, codes, de-escalation techniques, laboratory process, and environmental/safety rounds. The third week the nurses will be assigned to their nurse preceptor and social work preceptor. The preceptors will assist the nurse in adjusting in their role, encourage critical thinking and develop their confidence, values and behaviors of patient management, and communications between disciplines.

With this innovative model, SDCPH aims to ensure success in transitioning all our newly hired nurses to their new role of psychiatric nurses. Leadership supports an environment of learning, critical thinking, safety through experiences and guidance from our preceptors and nurse leaders.

Respectfully submitted,



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AA/bp

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